



It has been my esteemed pleasure over the past seven years to assist first time college bound students with Trunks of essentials and pearls of knowledge for college.

Better Love Yourself Inc. addresses the student's needs by supplying them with a trunk

full of essentials. We also address confidence and character- building exercises to better develop self esteem, improving ones health, and imaging positive resolve for the future of our young men and women. The Better Love Yourself Foundation is for everyday people who do extra ordinary things in life through mentoring and other community-related services. We ask that you do your absolute best when you fill out this application. Honesty is the best policy to ensure you get the most out of this process which not only helps us get to know you, but it will also allow you to get to know yourself better.

Please note you must be present to receive your trunk. Your parent cannot receive it for you. You must remain at the entire event to receive your trunk.

Please download the application for your BLY Trunk and I hope to see you in July.

Sincerely,

A handwritten signature in black ink that reads "Terisa Griffin".

Terisa Griffin

PS.....Follow the instructions carefully if You are Loving Yourself.

Application for “Better Love Yourself” Trunk



Name _____

Email Address _____

Full Mailing Address (Including your Zipcode

Phone Number _____

High School _____

College You will Attend _____

Grade Point Average _____

- (1) Please attach an essay that best describes who you are today and who you hope to be in the future.
- (2) Include how you feel about yourself and what you wish to accomplish in the next 10 years of your life in the essay.
- (3) Describe in the essay how peer pressure influenced your decisions as a high school student.
- (4) Describe in the essay how you handled the worse situation in your life. (Please be as honest as possible)
- (5) Tell me how you love yourself and what you do to remind yourself that you are special. (Separate piece of paper)



(6) You must have at least three letters of recommendation from a church or community organization proving that you have provided at least 8 hours of community service in the past year to receive this trunk.

(7) Last but not least tell me what this trunk will mean to you in the essay.

(8) Make a copy of this page and the information that I have asked for and keep one for yourself and mail the remaining copy to:

**C /O Theresa Griffin Kendall
Better Love Yourself Inc.
PO Box 377727
Chicago, Illinois 60637**

Please do not mail to a different address.